Credit/1 sem. **Topics** 1.Different Lifestyles 2. Alternative Living 3.At the Airport 4. The pros and cons of Living in a Block of Flats 5. Advantages and Disadvantages of Living in the Countryside 6. Using Public Transport: for and against 7. Eating Insects 8.Extreme Sports 9.Sports in my Life 10.Jousting 11. Alternative Therapies 12.Emotional Health 13.Mental Health 14.Stress Management

15. Health and Fitness Crazes